



AEA 2019 WORKSHOP

Saturday
**APRIL
13**

9 AM – 12:30 PM

Fee:
\$35 PER PERSON

INTRODUCTORY TOUR OF TYPES

— FEATURING —

Jaye Andres MBA, Life Coach

CrossRoads United Methodist Church
7901 N. Central Avenue, Phoenix, AZ 85020

Join Us . . .

How we view the world and respond to it is based on the viewpoints of our personality types and the patterns formed by them, combined with our own unique 'essential self'.

What is the Enneagram (pronounced Any-a-gram)?
It's a powerful overview of 9 distinct personality types; each with its own strengths, challenges, motivations, and positive paths for growth. Taught worldwide, it crosses gender and cultural lines.

What can the Enneagram do for you? Know yourself as never before; learn about others; enhance communication skills; make better decisions; resolve conflicts—internal and external; respond better to challenging situations; improve your relationships.

In this three-hour Introduction, in addition to an overview of the system, you will learn about the motivational core set-up of each of the nine types. And, since there's no better way to learn than from the types themselves, you will hear from 3 exemplars of each type (via video).

Workshop Benefits

- ▶ By the end of this introduction participants report that they have either found their type, or have it narrowed down to two.
- ▶ For those already familiar with the Enneagram this intro serves as a powerful review and delivers further understanding of the types.



Jaye Andres has degrees in Psychology (B.Sc.) and Business (MBA). She also holds certifications in the Enneagram (narrative tradition) and Life Coaching.

Jaye served on the AEA board for six years and is currently AEA Executive Director. Jaye has lived and worked internationally, having been a Peace Corps volunteer in Thailand and worked for seven years with USAID in Zambia and Rwanda.

As a life coach, consultant and workshop facilitator, her passion is to assist others in raising their self-awareness and move past limiting beliefs & habits to live a fuller, freer, richer and more peaceful life.



**REGISTER
TODAY**

ArizonaEnneagram.org

— OR CALL —

Sheila Grant
602-888-1381

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TO CONTINUING AND EXPANDING ENNEAGRAM PROGRAMS



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