



building conscious community

AEA 2019 WORKSHOP

**SATURDAY
SEPT
28**

9 AM – 4 PM

**\$95
Includes
Lunch and
Materials**

9 PATHS THROUGH THE 5 LOVE LANGUAGES

— FEATURING —

Renee Siegel MA, LISAC, NCGC-II

**CrossRoads United Methodist Church
7901 N. Central Avenue, Phoenix, AZ 85020**

Join Us . . .

Each of us wants to be understood and wants to be valued and cared for. In our most intimate relationships, we often think, feel and experience being valued and cared for differently than the way our partners do. Oftentimes, this creates strain on the relationship, particularly if we do not know how to identify what is important to us and then ask for it.

In the 9 Paths Through the Five Love Languages, we will explore how each of the 9 types of the Enneagram of Personality have differing perceptions of what it means and looks like to be valued and cared for. Through lecture, exercises and panel presentations about the nine personality/character structures of the Enneagram and the 5 Love Languages, participants will grow an understanding or a deeper understanding of how the 9 types and the 5 love languages work together.

Workshop Learning Outcomes:

- ▶ An in depth exploration of each of the five love languages.
- ▶ The ease and challenges of how each type might approach each of the five love languages.
- ▶ Presentations of persons of each type and a narrative of what they think, feel and experience about each of the five love languages.



Renee Siegel has been counseling and coaching individuals and groups for over 35 years. She holds various licenses and certifications in behavioral and physical health modalities. She uses the Enneagram to assist individuals and groups in working to improve relationships, addiction recovery and wellness. Renee practices in Scottsdale, Arizona.



**REGISTER
TODAY**

ArizonaEnneagram.org

— OR CALL —

**Sheila Grant
602-888-1381**

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TO CONTINUING AND EXPANDING ENNEAGRAM PROGRAMS



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