



building conscious community

## AEA 2019 WORKSHOP

**SATURDAY  
MARCH  
23**

**9 AM – 5 PM**

**\$95  
Includes  
Lunch and  
Materials**

### **THE ENNEAGRAM AND EFFECTIVE COMMUNICATION**

— FEATURING —

**Sandy Hogan** PCC, Integral Coach

**CrossRoads United Methodist Church  
7901 N. Central Avenue, Phoenix, AZ 85020**

## Join Us . . .

The Enneagram is a powerful tool for understanding people, their points of view, motivations, chief concerns, and communication styles. How the Enneagram relates to communication is among its most useful applications. Effective communication requires self-awareness, interpersonal skill, and recognition of differing personal and cultural values.

Although each Enneagram type has a 'default' style of communicating, all nine styles can work well in given situations, bringing an important perspective and contribution. We can access other styles and override our own default style when we are conscious and aware. However, on auto-pilot, we can backslide into habitual communication patterns.

To build rapport and satisfying relationships with a diversity of people, we must cultivate the consciousness, skill and flexibility to communicate effectively with all Enneagram types. Mastering this skill fosters understanding, tolerance, mutual respect and compassion.

### Workshop Benefits

- ▶ Understand how nine different communication styles develop from Enneagram types
- ▶ Learn about your own communication style and its unintended distortions which impact other people
- ▶ Maximize your communication strengths and minimize your challenges that could cause your message to be misinterpreted, or not heard at all
- ▶ Practice skills for effective communication and mutual understanding with all nine Enneagram Types
- ▶ Learn how to create rapport and avoid unnecessary conflicts



**Sandy Hogan**, Accredited Enneagram Professional, Certified Enneagram in Business Coach, Professional Certified Coach, and Certified Integral Coach, has been studying the Enneagram in depth since 2002. She uses the wisdom inherent within it to support the development of each of her clients.

She is a co-founder of the Enneagram Enthusiasts, a Tucson-based vibrant and growing Enneagram Meetup group, since 2011. She serves on the Arizona Enneagram Association's board of directors and is committed to bringing the myriad gifts of the Enneagram to Life through coaching, teaching, leading workshops, and presenting at the recent International Enneagram Association global conferences.



**REGISTER  
TODAY**

**ArizonaEnneagram.org**

— OR CALL —

**Sheila Grant  
602-888-1381**

THE ARIZONA ENNEAGRAM ASSOCIATION (AEA)  
IS A 501(c)3 NONPROFIT ORGANIZATION DEDICATED  
TO CONTINUING AND EXPANDING ENNEAGRAM PROGRAMS



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