



# Working with the Barriers to Spiritual Freedom: Five-day Retreat | Tucson, AZ

**September 19-23, 2021  
Tucson, Arizona**

The Spiritual Freedom Series and class courses lead you beyond a cognitive knowledge of type into a more profound experience of self. They were developed over the course of eight years by dedicated teachers in Arizona as follow-on classes to Helen Palmer's workshop series on spiritual freedom, in order to internalize and embody those teachings.

Come experience this transforming work through an all-inclusive residential five day retreat:

- Awaken and strengthen your capacity for inner observation
- Loosen the reactivity of your Type
- Experience your deeper Self through practices and process work, laying the foundation for experiencing spiritual freedom
- Connect through a dynamic experience of community
- Receive great content and exercises for Enneagram enthusiasts and professionals to use individually in your own development or in a small group environment with your students, or clients

**Scholarships Available**

**MORE INFORMATION / REGISTRATION**



Carole Whittaker, Gloria Cuevas-Barnett, and Robin Cameron are all certified Enneagram teachers, trained through the Enneagram Professional Training Program with Helen Palmer and David Daniels, MD. They are members of The Narrative Enneagram and professional members of the International Enneagram Association and the Arizona Enneagram Association of which they are also founders and former members of the Board of Directors. Carole and Gloria have presented at IEA and EANT annual conferences.