

# Reconnecting to Oneness with the Holy Ideas



**Saturday, January 30, 2021**

**9:30 am - 3:00 pm AZ/MST**

**Online via Zoom | \$125 AEA Membership Discounts Apply**

The Enneagram, at its highest spiritual level, **connects us back to the experience of Unity through what are called the “Holy Ideas”**. These are not referring to any religion, but rather to direct perceptions of Reality that are not obscured by our personalities and, in that sense, are sacred experiences of Being, or Essence.

Connecting with your Holy Idea brings with it the experience of something called Basic Trust, which is a deep abiding knowing that what is optimal will happen. It is a trust that is not dependent on a person, thing or situation but rather a feeling of complete confidence that life is unfolding in “right order”, despite circumstance – that you are deeply, completely and permanently “held”.

Join us for this highly experiential workshop that gives you the opportunity to interact in community with other like-minded seekers. Through exercises, meditation practices and dialogue you will:

- Learn how to be receptive to your type’s Holy Idea
- Feel more ease and freedom as you replace efforting with trust
- Relax the automatic defensive patterns of your type and open to Presence, Grace and Joy in your life

[\*\*Learn More & Register\*\*](#)



**Joyce Plaza, MS, MBE** is a certified Narrative Enneagram Teacher (Palmer/Daniels) and a certified International Coach Federation (ICF) Life Coach. She has been studying the Enneagram since 1998 and has taught Enneagram workshops to individuals, groups, and teams.