

Join Us Arizona Enneagram

meetup

Supported by the Arizona Enneagram Association

EACH WINTER 2019 MEETUP

Will Address One Of The Centers

Wednesdays 7:00 pm – 8:45 pm

SHARE
meetup
EXPERIENCE
TELL YOUR FRIENDS



BREAKING THROUGH YOUR FEARS With Panels Of The Types



Have you ever wondered . . .

Register Today

meetup

Discover Your Enneagram Personality Type

View Monthly Topics • Dates • Times

Meetup.com/Arizona – Enneagram – Meetup

We May Just Be The Group For You

The Meetup group is designed to deepen the understanding and utilization of the Enneagram system to enhance our self-awareness and our awareness of others and their motivations. This discovery and examination process will ultimately cause our private and professional lives to become more open and vibrant.

Newcomers Welcome

Bring an open mind and a willingness to consider new ways of observation. All levels of Enneagram knowledge are welcome, from beginner to advanced. We offer an opportunity for all to learn and interact in community.

Different Topic Explored Each Month

Short presentations are devoted to specific topics related to the Enneagram. Experiential practices, exercises and group discussions are often included.

Meetup Fee

Payments are made at door by cash, check or credit card.
\$10⁰⁰ per person
\$ 5⁰⁰ per person if a current AEA Member
[Ask how to become an AEA Member]

Meetup Location

CrossRoads UMC
7901 N. Central Avenue
Phoenix, Arizona

Fear and Anxiety

at the coming of the new year hits us all.

Recognizing our fears comes first, then learning to cope. But beyond coping with fears, we will explore alternative ways to break through our patterns of thinking, feeling and doing when faced with fear.

Each month we will explore one center: Heart, Head and Body. We will ask the three types of each center to help us understand what they fear. And how they express their fear and move beyond it. One hour listening to the types and then half an hour for small group discussion and conversation.



January 16 THE HEART CENTER ▶ Types 2 – 3 – 4
Facilitated by ADELE SWAN

Adele Swan has been an Enneagram devotee for over a decade and a half, and is a certified Professional Enneagram Teacher through the Narrative Tradition. She has been teaching various classes, leading panels, and using the Enneagram in her personal life, counseling, coaching and 12 Step support work for years. She is a Professional member of the Arizona Enneagram Association and partakes in the continuing education provided locally and nationally. Adele has a BA in Psychology along with a Masters in Counseling and also one in Education, with an emphasis in Adult and Outdoor Education.



February 20 THE HEAD CENTER ▶ Types 5 – 6 – 7
Facilitated by MIRA ROSSMAN

Mira Rossman facilitates spiritual and dream groups through the Institute for Inner Growth, and lives in the Phoenix Metro area. She is a certified Enneagram teacher and a member of the Association of Enneagram Teachers in the Narrative Tradition and the International Enneagram Association. Barbara is a Founding member of the Arizona Enneagram Association.



March 20 THE BODY CENTER ▶ Types 8 – 9 – 1
Facilitated by JENNY YODER

Jenny Yoder brings twenty plus years of expertise working in diverse roles from small-business ownership, distribution, sales, marketing, services and product management, operations, team facilitation, and change and transition employee communications consulting within high-tech organizations ranging from small business to Fortune 100 multinationals around the world. Her educational background in psychology and organizational management, combined with her ICF certification as a coach, supports a masterful approach to transformative leadership development. As a certified Enneagram Teacher and experienced Team Facilitator, Jenny invites clients and teams to deepen awareness of their personal style, motivations and tendencies to enable personal growth so that their habitual self-image, their behaviors, and how they interact with others more closely aligns with their intent.



Stay Connected / Explore More / ArizonaEnneagram.org

Join AEA Mailing List

Send Your Email Address To
Info@ArizonaEnneagram.org

Call or Text 602-888-1381

Email admin@arizonaenneagram.org

Special Topics
Special Events
Online Workshops
Courses



Arizona Enneagram



azenneagram