

# Discover Why You Do What You Do

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Enneagram  
Personality  
System

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You can think of an Enneagram Personality Type as a constellation of habits of attention, emotion and strategies. It is a map that helps you navigate reality, but it is not reality itself.

Each of the Nine Types in this system has a unique world view 'filter' that colors everything they think, do and say.

Your particular 'Type' filter has been there since you were very young, so you are probably unaware of its effect on your behavior.

Trying to communicate with someone who is looking through a completely different filter can be frustrating and lead to many misunderstandings!

Knowing your Type sets you on a path of deeper understanding of self and others. It can assist you in moving past triggers, blocks and blind spots of personality into a fuller, freer and richer experience of life.

*Enneagram, pronounced 'Any-a-gram,' is a diagram with nine points, representing nine personality types.*

## Nine Personality Types Of The Enneagram

### Type 1 The Perfectionist | Reformer | Judge

Perfectionists believe they must be good and right to be worthy. Consequently, Perfectionists are conscientious, responsible, improvement-oriented and self-controlled. They also can be critical, resentful and self-judging.

### Type 2 The Giver | Helper | Pleaser

Givers believe they must give fully to others to be loved. Consequently, Givers are caring, helpful, supportive and relationship-oriented. They also can be prideful, intrusive and demanding.

### Type 3 The Performer | Achiever | Succeeder

Performers believe they must accomplish and succeed to be loved. Consequently, Performers are industrious, fast-paced, efficient and goal-oriented. They also can be inattentive to feelings, impatient and image-driven.

### Type 4 The Romantic | Individualist | Aesthete

Romantics believe they can regain the lost ideal love or perfect state by finding the love or situation that is unique, special and fulfilling. Consequently, Romantics are idealistic, deeply feeling, empathetic and authentic. They also can be dramatic, moody and self-absorbed.

### Type 5 The Observer | Investigator | Thinker

Observers believe they must protect themselves from a world that demands too much and gives too little. Consequently, Observers seek self-sufficiency and are non-demanding, analytic, thoughtful and unobtrusive. They also can be withholding, detached and overly private.

### Type 6 The Loyal Skeptic | Loyalist | Troubleshooter

Loyal Skeptics believe they must gain certainty and security in a hazardous world that they just can't trust. Consequently, Loyal Skeptics are intuitive, inquisitive, trustworthy, good friends and problem-solvers. They also can be doubtful, accusatory and fearful.

### Type 7 The Epicure | Enthusiast | Adventurer

Epicures believe they must stay upbeat and keep their possibilities open to assure a good life. Consequently, Epicures seek pleasurable options and are optimistic and adventurous. They also avoid pain, and can be uncommitted and self-serving.

### Type 8 The Protector | Challenger | Boss

Protectors believe they must be strong and powerful to assure protection and regard in a tough world. Consequently, Protectors seek justice and are direct, strong and action oriented. They also can be overly impactful, excessive and impulsive.

### Type 9 The Mediator | Peacemaker | Negotiator

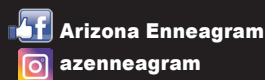
Mediators believe that to be loved and valued, they must blend in and go with the flow. Consequently, Mediators seek harmony and are inclusive, amiable, easygoing, comfortable and steady. They also can be self-forgetting, conflict-avoidant and stubborn.



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